

FOR IMMEDIATE RELEASE

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Boys & Girls Club Fall Programs

Shelton, CT, October 15, 2007 – The Boys & Girls Club of the Lower Naugatuck Valley has begun its fall program season. The following programs are available.

Immersion. Science program on Thursdays, 6-8 pm for grades 5-8

TGIF. Friday nights from 6-10 pm for 10-year olds through 8th grade (ID required).

Dances, sports, crafts, tournaments, games.

Teen Night. Saturday Night Live, Saturdays from 6-10 pm for high school students.

Eat Smart/Drink Smart. Health and nutrition program. Friday for 10-12 year olds from 6-8 pm; Saturdays from 2-4 pm for 8-10 year olds.

Flag Football. After school for 8-9, 10-12, 13-15 year olds.

Technology. Website newsletter and music design based on computer skills

Is it Monday Yet! Gamesroom. Every Monday, 7-9 pm, contests, prizes, tournaments.

Table Tennis. Players of all levels welcome, Tuesday and Thursdays, 6-8 pm.

Chess Club. Thursdays 4-6 pm.

Dance. Every Wednesday from 7:30-9 for ages 12-18. Learn different dances and routines.

Please stop by the Club at One Positive Place in Shelton, or call 924-9329 for more information. Registration fees required.

For more information about the Boys & Girls Club of the Lower Naugatuck Valley, visit us at www.bgc-Inv.com.

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