

## FOR IMMEDIATE RELEASE

**Contacts**: Jack Ribas Earl Stanley 203-924-7462 203-924-9329

## **FALL SPORTS AT THE BOYS & GIRLS CLUB LNV**

**Shelton, CT, October 29, 2009 –** The Boys & Girls Club of the Lower Naugatuck Valley has several sports offerings for the fall.

Future Stars Basketball. Starting November 5 and ending December 17, this comprehensive basketball program includes instruction, game play, and educational disciplines. The program runs for six weeks on Thursdays from 6:15-7:45 pm. Tuition is \$110.

Travel Basketball Tryouts. All tryouts will be held at the Boys & Girls Club, One Positive Place, Shelton. First tryouts will be November 8 from 8-9 pm for boys in grades 5-7 and on November 12 from 8-9:30 pm for boys in grade 8. Second tryouts will be on November 11 from 8-9 pm for boys in grades 5-7. Second tryouts for boys in grade 8 will be determined.

Cheerleading starts on November 9. Practices will be held from 6:30-8 pm on Mondays. Games will be held on Saturdays or Sundays. Cost is \$50 for children ages 6-13 and includes use of cheerleading uniform and a T-shirt to keep.

Insoor Soccer begins on December 5 (registration deadline is November 21) and continues through March 28, 2010. All games are played at the Boys & Girls Club in Shelton. Age divisions include Mites (6 and 7), Juniors (8 and 9), Intermediate Boys (10-13), Intermediate Girls (10-13), and Seniors (14-18, must be in high school). Cost is \$60 per player; \$10 late fee if registration received after November 21. Sponsors and coaches are always needed.

Wrestling Cub begins on December 2 and runs through April, 2010. The club meets Mondays and Wednesdays from 6-8 pm for youth ages 6-18 (wrestlers are classified by weight, not age). Cost is \$100 per year and includes a USA Wrestling card. Wrestlers may be required to travel out of town or state to tournaments.

For more information on any of our sports programs, contact Earl Stanley at 203-924-9329, <u>EarlStanley@BGC-LNV.org</u>. All registration forms and detailed information are available on our website at www.BGC-LNV.com.

###