Shelton, CT, April 7, 2010 – The Boys & Girls Club of the Lower Naugatuck Valley is holding its second annual walkathon on Sunday, May 16th. The walkathon, named the “Get Your Walk On” Herbie Rollinson Memorial Walk for the Kids, is being held to raise money to support programs at the Shelton and Ansonia clubhouses.

This year walkers can choose from three different walk times—10 am, 12 pm, or 2 pm. The event is being held at The Slab/Riverwalk in Shelton. Walk route is the paved path that runs around Veteran’s Park. A minimum pledge of $25 is required for individual walkers, which gives you a T-shirt and admission to SoupStock, an all-day festival hosted by Shelton business Liquid Lunch which is being held in conjunction with the walkathon. Prizes will be awarded for the Top Individual and Top Team pledges.

The walk will be held rain or shine. Pledge forms and flyers may be downloaded from our website at www.BGC-LNV.com. Or, stop by the Clubhouse at One Positive Place in Shelton or call or e-mail Ann at 203-924-7462, BGCALNV@hotmail.com.

The Boys & Girls Club of the Lower Naugatuck Valley provides, in a safe environment, programs that inspire, educate, guide, and enable all young people, especially those from disadvantaged circumstances, to realize their full potential as productive, responsible, and caring citizens. For more information about our Club, visit us on the web at www.BGC-LNV.com.