



BOYS & GIRLS CLUB
OF THE LOWER NAUGATUCK VALLEY

FOR IMMEDIATE RELEASE

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**Boys & Girls Club Holding Annual
Herbie Rollinson Memorial 5K Run-Walk**

Shelton, CT, June 17, 2014 – The Boys & Girls Club of the Lower Naugatuck will be holding its Herbie Rollinson Memorial 5K Run-Walk at the Derby Greenway (Riverwalk) on Sunday, June 29. Sponsored by the Exchange Club of Shelton, the 5K is a community event for people all over the Valley.

To register or for more information, visit www.BGC-LNV.org and click the 5K link at the top of the page. The event is open to children and adults. Start time is 9 am for the 5K and 9:30 am for walkers. Cost is \$25 for adults and \$15 for children 12 and under. The route will begin at the Caroline Street end of the Greenway. Parking will be at Factory Street and Hallock Court (behind St. Anthony's Book & Gift Shop, across from Calvert Safe & Lock).

Proceeds from the Herbie Rollinson 5K will support programs at our Raymond P. Lavietes Clubhouse in Shelton and Joel E. Smilow Clubhouse in Ansonia, as well as our satellite programs at Elizabeth Shelton and Perry Hill schools in Shelton and at the Seymour Recreation Center in Seymour.

For more than 65 years our Boys & Girls Club has been a positive alternative for youth. But the Club is so much more than just a place to hang out after school. When a child walks through our doors, they are exposed to a team committed to their success and programming designed to help them succeed in school and in life. For more information about our Boys & Girls Club, visit us at www.BGC-LNV.org.

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