



**FOR IMMEDIATE RELEASE**

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**BOYS & GIRLS CLUB OF THE LOWER NAUGATUCK VALLEY TO HOST  
NORTHEAST REGIONAL KEYSTONE CONFERENCE**

**Shelton, CT, November 12, 2015-** The Boys & Girls Club of the Lower Naugatuck Valley will host this year's Northeast Regional Keystone Conference November 13-15. More than 200 Keystone members from across the Northeast are set to take over the Lavietes Clubhouse in Shelton on Friday. This year's conference aims to inspire teens from Clubs across the Northeast to express their individuality and become more confident in pursuing current and future goals. Throughout the weekend keystone members will spend time in both educational and entertaining sessions. They will also hear from guest speakers Shaun Derik, performing artist and motivational speaker, Brooke Grand, Boys & Girls Clubs of America's Northeast Region Youth of the Year, and Richie Contartesi, former professional football player and youth motivational speaker. Conference organizers and Lavietes Clubhouse Keystone advisors Jennifer DeLeon and Samantha Heins have a fun and exciting weekend lined up for all the attending Keystone members and their advisors. "I am beyond excited to welcome teens from across the Northeast for a fun-filled, thought-provoking conference! Being able to provide them with such an opportunity is an honor!" said DeLeon.

**More about Keystone:** Keystoning is the Boys & Girls Club Movement's most dynamic teen program. It affords teens an opportunity to gain valuable leadership and service experience. The goal of the Keystone program is to provide awareness and impact in the areas of community service, career preparation, and teen outreach. Keystone is available for Club members ages 14 to 18.



## **KEYSTONE CHARTER**

The following minimum charter requirements must be met for Keystone Clubs:

- Must have a minimum of eight members between the ages of 14-18.
- Must not exceed 15 members; however, one unit may have more than one chartered Keystone Club.
- Must have a minimum of one advisor per Keystone Club, 23 years of age or older.
- Must hold weekly meetings which include discussions that reference the fundamentals of Keystoning and stress the importance of Keystone's four focus areas: Academic Success, Career Preparation, Community Service and Teen Outreach.
- Must be active for at least six weeks before applying for a charter.
- Must elect officers (i.e., president, vice president, secretary, treasurer, etc.) to carry on Keystone Club's business.
- Must complete charter on the Keystone Online Community

For more information about the Boys and Girls Club of the Lower Naugatuck Valley visit us at [www.BGC-LNV.org](http://www.BGC-LNV.org)

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