



FOR IMMEDIATE RELEASE

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Registration Open for Boys & Girls Club Annual Herbie Rollinson Memorial 5K Run-Walk

Shelton, CT, February 26, 2016 – The Boys & Girls Club of the Lower Naugatuck Valley will be holding its annual Herbie Rollinson Memorial 5K Run-Walk on Sunday, April 17, 2016. Sponsored by the Exchange Club of Shelton, the 5K Run-Walk is a community event open to everyone.

To register for the 5K please visit our website, www.BGC-LNV.org. The 5K Run-Walk will start at the entrance across from BJ's Wholesale Club in Derby, CT, there is a 9:00 AM start time for walkers and a 9:30 AM start time for runners. This event is open to children and adults, cost is \$25 per walker/runner. The event is chip-timed by StartLine Race Services. Awards will follow immediately after the race ends. Shirts will be provided for the first 300 registrants.

All proceeds from this event will support programs at our Raymond P. Lavietes Clubhouse in Shelton, Joel E. Smillow Clubhouse in Ansonia, our satellite program at Elizabeth Shelton School, and our Seymour Unit. Come run or walk with us on Sunday, April 17, 2016! Thank you for helping us provide the children who need us most with a safe and affordable place to learn and grow!

To register for the Herbie Rollinson Memorial 5K Run-Walk please visit our website at www.BGC-LNV.org and click on the 5K link.

For further information about the Boys & Girls Club of the Lower Naugatuck Valley, visit us at www.BGC-LNV.org.

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